

LADIES' COLUMN.

Gay Promenaders in Tasteful Costumes Flit in Autumn Sunshine.

Stylish Adapted to Various Forms. Wraps for Winter—Venus' Cestus.

Efficient Household Helpers Among "Blue Stockings"—Fashion Notes. Recipes, Etc.

October, loveliest month of autumn, is speeding to its close. Soon its brightness will be lost in November mists, and the melancholy days be given over to regretful memories of past pleasures. Yet while the soft autumn sun waxes so beautifully the lovers of out-door life hasten to grasp the fleeting pleasure and the streets are gay with fair promenaders.

To an onlooker there seems to be two decided styles in the costumes. Some affect a close fitting garment at the front and sides with small tulle, all drapery being confined to the back. The front and sides in some are laid in large box plaits, and the back drapery rendered slightly bouffant by puffed gauze fastened high upon the shoulders. This style is especially becoming to young and graceful girls that are plump enough to have no sharp angles and are not so stout enough to attract attention. The other by its skillful draping, the arrangement of which may be dictated by caprice, is more becoming to stout and less classical figures.

One of the observable features in costumes for the season, is the use of the cloth polonaise with skirts of silk, satin, and velvet. This fashion is one of economic utility, but as artists are not apt to consider such questions, where beauty is the end to be attained, there must be other reason for this style. It is probable that modistes have learned that wool fabrics tone softly with the skin, and adjust themselves gracefully to the form. These cloth tunics are made perfectly plain, open in front and at the sides to show the plaited silk beneath. Those who object to this polonaise are equally fashionable if they wear a long tailored drapery edged with fringe looped high on the side, leaving a kilted skirt quite visible, with the back broadly draped, and finished with full ribbon bows extending across the bodice, ending in long loops and ends at the left side.

This season is marked by striped and plaid materials. Fortunately these two styles reign the same season, for were to the stout woman who decks herself in checkerboard array. She may wear narrow stripes, but to her tall, slight sister must be left the plaid of wonderful proportions. This need, however, be no matter of regret, for all women of real taste avoid exaggeration in style or color, and a refined woman will naturally shrink from anything that renders her conspicuous.

In this latitude the weather has not yet created a demand for wraps heavier than the shoulder cape. These are sometimes simply round, but are more stylish when the fronts are extended into tabs reaching nearly to the bottom of the dress. When the cold days succeed these fair ones, cloaks which are used with a lack of lovely fabrics in this line.

There are to be found in plain and brocade velvets, and in cloths of all the new shades; there seems to be a decided preference for copper-red and gray-blue. Short cloaks are little more than mantles in cape shape, or have visible sleeves. The long cloaks will be worn by elderly ladies; however, are in vogue, and the white and redingote fashion, nearly filling the whole and having full sleeves. Some affect the long, full cloak, enveloping the wearer and without sleeves. It is adjusted to the figure in the back with an added fullness for the skirt.

Astrachan as a trimming is restored to favor, and there is a new gray fur, soft and of firm fleece, which is used with good effect with the new shades of blue. For out-door garments, fur promises to be a favorite trimming, and nothing seems more suitable for this purpose.

One of the New York fashion journals in speaking of the various ornamental accessories to a lady's toilet, says that the silver girdle is to be superseded by ropes of beads, links of jewelry, and a later day's girdle. The latter are made principally of sealskin and are a soft roll, about two inches in diameter, nearly three yards long and finished at the ends with balls of sealskin pendant from passerette loops. They cross the back at the waist line, drop down toward the front and are fastened low on the left hip. The bead girdles are of jet, and are worn with black velvet, while others of colored beads will match the color of the gown with which they are to be worn.

PLAID COSTUME. A stylish plaid costume of dark blue and wood brown Amazon cloth crossed with lines of golden amber. The under-skirt of dark blue velvet is kilted its entire length. The tunic above is of the plaid, draped to reach quite to the foot of the undershirt just in front, and is open up each side to the belt. The cloth is turned back with deep plaits of velvet, with a waistcoat beneath of the same cloth with bronze buttons. Another costume is made of dark moss-green and amber plaid, the cloth of basket weave. The skirts are of this fabric intricately draped. Above is a jersey of silk-finish stockinette, this is of dark green with a fine cashmere gimp trimming on collar, vest and sleeves.

KNITTED STAR QUILT. Materials—Morse & Kaley's No. 8 knitting cotton. "Take about two boxes for a quilt. Four, about No. 16, steel needles.

Cast 3 stitches on each of 2 needles, 2 stitches on the third.

Make 1, knit 1 all round, and there are 16 stitches.

First round—*Make 1, 2 plain, *repeat from * to * all round.

Second and all even rounds plain.

Third round—*Make 1, 3 plain, *repeat from * to * all round.

Fifth round—*Make 1, 4 plain, *repeat from * to * all round.

Seventh round—*Make 1, 5 plain, *repeat from * to * all round.

Ninth round—*Make 1, 6 plain, *repeat from * to * all round.

Eleventh round—*Make 1, 7 plain, *repeat from * to * all round.

Twelfth round—This round being knitted plain, gives 8 stitches between each open row, which is the widest part of each star point.

Thirteenth round—*Make 1, 1 plain, make 1, narrow, 5 plain, *repeat from * to * all round.

Fifteenth round—*Make 1, 1 plain (make 1, narrow) twice, 4 plain, *repeat from * to * all round.

Sixteenth round—*Make 1, 1 plain (make 1, narrow) 3 times, 3 plain, *repeat from * to * all round.

Nineteenth round—*Make 1, 1 plain (make 1, narrow) 4 times, 2 plain, *repeat from * to * all round.

Twenty-first round—*Make 1, 1 plain (make 1, narrow) 5 times, 1 plain, *repeat from * to * all round.

Twenty-third round—*Make 1, 1 plain,

(make 1, narrow) 6 times, *repeat from * to * all round.

Twenty-fourth round—Is a plain one. Twenty-fifth, Twenty-sixth and twenty-seventh rounds—Plain. Bind up loosely. This is very nice catch-up work, and, before it seems hardly possible, you will have finished a number of these stars or tidies may be made of the real Scotch linen thread in cream or drab No. 16. I am always ready to answer any questions when a return stamp is sent.—Eva M. Niles, East Gloucester, Mass.

NOTES.

Gobelin blue is one of the popular colors.

The fall color almost as general as heliotrope was last spring, is copper.

Traveling cloaks are being made in a new style of cloth, either striped or curled.

Cocks' plumes, much curled, are seen in quantities on importations of hats and bonnets.

Colors of roses is revived among the new gray tints, and takes the name of Malmesbury gray.

New hats in felt and beaver, or hatter's plush come in all the new dark and light colors.

There are many shades of Gobelin blue, ranging from Seves to gray blues of various gradations.

The fashion of rase terre skirts scraping the pavements in the back threatens to return.

Most of the tweed costumes are now made suitable for utility walking gowns, without additional wraps.

India cashmere made up with moire Francaise forms one of the very fashionable combinations in stylish autumn toilets.

Plus mantles for the autumn are made in visette-shape with sling sleeves and fancy vests covered with beading or gimp the shade of the plush.

Dress skirts are narrower in front and lighter at the sides, although this must in no way detract from the fullness of the drapery at the back.

The more plain and simple the skirt drapery becomes the more elaborate is the trimming of the bodice. On this account jackets are more worn, as they allow more room for the display of waistcoats, jabots, chemisettes, etc.

An out-door dress for little girls consists of a cream colored skirt trimmed with white lace, with French gray silk polonaise and hat to match. The little waistcoat is made of crossway stripes and the polonaise is buttoned over it sideways.

The fashion of wearing lace high up to the throat is already much in vogue, and will be still more so during the winter. A pretty style of simple evening bodice is to have a chemisette of black or cream lace, drawn into a high lace band around the throat, to close in front around a semi-circular, satin, velvet, or material bodice, with three-quarter length sleeves.

When wearing a covering a particularly bare arm, when the ball sleeve is imaginable, is to fasten a small little bow of ribbon or velvet to the shoulder band, carry two ends down to just above the elbow, let them meet, add another bow, and carry an end round the arm to keep all in place. If a long glove is worn, the second bow is attached to it and helps to keep it up, and the band forms a bracelet to it.

The most noteworthy change in the general make-up of costumes is the use of more draperies at the side, a tendency to fuller skirts and toward extremely high draperies at the back. Waists remain short on the hips, but are sometimes lengthened into square tabs in front and a long position at the back. Full vests of various kinds are very popular and sleeves are rather fuller than they have been. A square pyramid of trimming is set in the top of the sleeve in many of the new French costumes.

For walking costumes cloths are decidedly the first choice. Smooth cloths are to be used for dressy gowns, two colors in rather marked contrast appearing in one dress. The colors are very popular and are combined in the way so popular for summer fabrics. Rough cloths are also chosen. They are zigzag stripes, crossbars and checks of vague, indistinct colors, prettily blended. Very dark diagonals of rough surface have also various colors blended. Serges have both a plain and rough twilled surface.

Household.

The term "blue stockings" has been so often applied to women of literary acquirements, that the sex has become sensitive to it, while men have pinned their faith to the doctrine that high mental attainments and domesticity are so incompatible, as to believe that in selecting a wife they must choose between the two. If the epithet be in any sense opprobrious, readers of history will remember it originated in the days of Dr. Johnson and the offending color of hose was worn by a famous member of the club, thus giving rise to the "Blue Stocking" name. In her father's hospitable home and in after years as Madame D'Arbury gave to the world such charming reminiscences of those pleasant evenings and took front rank among the novelists of that period.

Mrs. Montagu, at whose house this celebrated club had its headquarters, was a woman of letters, a poetess, and a literary talent, found time for needs of philanthropy, and for a minute and careful ordering of her household, looking closely after her servants and the expenditures of a large establishment.

Mrs. Thrale, for whom the great lexicographer had so warm a friendship, was an authoress of no mean attainments, and yet, would the man of letters have lingered there if the house had not been inviting or the meals ill appointed?

It is perfectly fair to presume, not especially as a writer of books has declared that without these a man may live, but there is no life without cooks. With such a coterie, no woman need object to being classified and the charge of blue-stockings will fall harmless when memory calls up the long array of familiar names of women true to the duties of their peculiar sphere and yet well known in the world of literary attainments and scientific research.

It is not education in wives that men should fear, but the want of it. The one thing to be dreaded is superficiality—an education looking merely to display, a drilling that is only for the parlor, or disregarding the demands of a woman's sphere gives no attention to that training and discipline which will qualify her for the duties of her peculiar office.

If the idea could once be forced into the heads of educators, both public and private, that girls were to be the future women and that the object of education for them was not to enter upon man's sphere, a much better hope than that which would be made in the direction of the household, and in the poor man's cottage, as well as in the more ambitious home of the rich, the beneficial results from such lessons would be speedily made manifest.

In a previous paper a few words were written urging hand-training in public schools, and such a work is to be done, practicable, even under the working of the present system. Here in Fort

Worth in some of the schools it is the custom of teachers to read to the pupils each week. What requires the listener to listen, some light work, and employ their hands? Their attention would be less likely to be diverted than when idle, and the few interruptions would amount to but little compared with the benefit derived. The work should be mending, darning, knitting, making garments, everything practical; nothing in the line of fancy work.

In Germany a bride goes to the home of her husband accomplished in household skill. She does not consider it a cause of boastfulness that she cannot make bread, does not know a tenderloin from a sirloin or is in any sense ignorant of the duties of her department in the new association. To her this would be as absurd as an ignorance of the details of business on the part of the male member of the firm would be to the American girl, and yet the latter in too many instances steps into the new relationship with an open avowal of her ignorance. The higher education that women most need, is that which leads to an appreciation of their duties, such training of mind and direction of talent, as will render it utterly impossible for them to be content with half attainment, the line of work to be a steady well to arrange a table neatly, to sweep a room thoroughly, as essential to progress as duties which seem on the surface to be grander. A knowledge of hygiene, mind you, knowledge not that little which is only of dangerous extent, will lead to well ventilated rooms, a careful inspection of the lurking place of disease germs; mathematics will put period to waste and extravagance, and the difficult problem of making ends meet will be made solvable by the woman who, knowing the means, carefully calculates and regulates the outgo.

When in the arms of the truly educated young mother her first-born is laid the delicate plant will not become a subject for experiment or a victim of ignorance, but will grow and thrive under the skillful mother who knows how to apply her knowledge of the laws of being.

A woman who brings into the household self-discipline, and a mind accustomed to trace cause and effect, will be more likely to be successful in guiding domestic affairs than one given to frivolity, even though they may be equally uneducated in that peculiar province. The one thing to be dreaded is not the cry of "blue stockings," but the cry of "blue stockings" on the part of women for any vocation they may have chosen. The ambition of most women who aspire to independence is to compete with men, but in fitting themselves they seem to ignore the fact, for fact it is, that in that competition they are expected to excel the majority, and while many women regard all outside employments as anticipatory of the judgment of their callings as life-work and prepare for it.

Let women disabuse their minds of dependence on quickness of acquirement and their claim of sex, and enter the field armed with thorough preparation. If marriage comes as an interruption of their plans they will not regret their previous work and men will soon learn that educated women are the ones whom they desire as wives in their homes, and as mothers of those who are to succeed them in the world's history.

RECIPES.

Haricot Mutton—Make a good gravy by boiling the trimmings, seasoning with pepper and salt. Strain, add carrots, parsnips and onions previously boiled tender. Slice them in, then pepper and salt the mutton, boil it brown, put it into the gravy along with the vegetables and stew all together.

Frosting without eggs—One cup granulated sugar and five tablespoons milk, boil five minutes, stir until cold, and put on a cake.

Graham pudding—Two cups of graham flour, one cup of molasses, one cup sweet milk, one cup chopped raisins, two teaspoonsful soda; steam three hours.

Lemon marmalade—Take lemons, peel and extract the seed; boil the lemons until soft, add the juice and pulp, with a pound of sugar to a pound of lemon; boil to thicken.

Beef tripe—Clean the tripe carefully and soak in salt water, changing several times; cut in slices; boil perfectly done; dip in butter; fry a light brown; season with salt and pepper.

Baked Beets—Wash a half dozen smooth beets and bake them in a moderate oven for one hour; rub off the skins, baste them with butter and lemon juice; return to the oven for five minutes.

Sour sauce—One cup of sugar, half a cup of butter, one cup of lemon juice, one cup of vinegar; beat all well together; pour over it one pint of boiling water, and let it come to a boil. Spice with nutmeg to taste.

Washington cake—One pound of brown sugar, one pound of flour, one-half pound of butter, two pounds of stoned raisins, four eggs, two teaspoonsful soda dissolved in half-cup of hot water, one-half pint of molasses, two grated nutmegs.

Coffee cake—One cup sugar, one cup molasses, one cup strong coffee, one egg, one teaspoonful baking powder, one teaspoonful ground cloves, one tablespoonful ground cinnamon, one-half pound each of raisins and currants, four cups sifted flour.

Sultana sherbet—Juice of four lemons, one-half pint of rose water, one pound of sugar, whites of seven eggs, yolk of one; squeeze the lemons and add the sugar with the rose water, mix the eggs to a strong froth and mix all together; put it over the fire, stirring it one way until becomes thicker than cream or so you can dip it with a spoon. When cold it should be of the consistency of custard. Freeze as cream or serve as custard.

Sweetbreads—Take half a pound of cold boiled beef tongue and chop fine. Chop the sweetbreads also. Mix well together with a little onion, a chopped parsley and half of a small onion, a little salt and black pepper, the yolks of three eggs and some of the gravy in which the sweetbreads were cooked. Mix well together, make into small balls, round or egg-shaped, dip in eggs and small bread-crumbs, and fry in very hot lard until of a pale golden brown.

Sherbet—Boil two pounds of sugar in a quart of water, pare six oranges and two lemons, mix together the juice of the fruit, the peel of the fruit, the juice and five more pints of water; clear it with a little white of egg and let it stand until cold; strain and bottle it. It can be frozen the same as ice-cream; then serve.

Yorkshire pudding—To one pound of sifted flour, placed in a large basin, add a teaspoonful of salt, three eggs; mix together with a wooden spoon, adding at intervals rather better than a quart of milk; work the batter vigorously for ten minutes to make it light, and pour it instantly into a baking tin, previously made very hot, with about two ounces of good beef dripping; set the pudding to bake under the meat, which will take about twenty-five minutes. Then cut into squares and serve on a table with good gravy in a separate dish.

It is stated that the Episcopal Church of Ireland has 640,000 members, while the Presbyterian has 471,000 and the Methodist 49,000.

Hunt's Cure for Kingworms and Eczema, "guaranteed."

WOMEN AND DRESS.

Ella Wheeler on Modern Fashions in Dress—How Women Should Apparel Themselves.

What Men Like Most in Women's Dress. American Women Dressing Better than Formerly.

Oscar Wilde's Influence—The Prevailing Street Fashions Uncomfortable—Corsets Ruinous to Beauty and Health.

Every woman ought to dress in a manner pleasing to the eyes of the man she loves. Next to the saving of her own soul, it is the most imperative duty of her life.

If she loves no man, then she should endeavor to be comely in the sight of her friends and associates. Whenever a woman is dainty and careful in her dress she helps to reduce the tastes of those about her.

So long as she keeps these objects in view, she is justified in the use of whatever time and money her situation may demand for the purpose. When she ignores these points, and dresses to outvie her neighbor, she is indulging in soulless extravagance.

A wife ought to make a careful study of her husband's tastes in dress, and apparel herself accordingly. In order to do this, I would advise her to keep a tablet at hand on which to jot down his flattering comments on other ladies' costumes, or to make a memorandum of the toilets which won his admiring glances. In this way many a wife would gain a fairer estimate of her husband's tastes than by trusting to his comments on her own dress.

If a woman knows that she cannot afford to wear as rich clothing as some of her friends, or that she overtaxes and embarrasses her husband in the effort, she is guilty of an inexcusable folly, almost crime if she insists upon it. The garment which has to be obtained by coaxing tears and paid for by sleepless nights of work, can never bring the wearer happiness or success. Better to be clothed in sack-cloth.

Young men declare they cannot afford to marry nowadays because girls are so extravagant. They may blame themselves for much of this extravagance. It is the well-dressed woman on whom they bestow their attentions and their compliments.

Through the thin wall of a hotel partition I was the involuntary listener not long ago to a conversation between two young ladies. They were discussing the young ladies with whom they had become acquainted during the summer.

"You just ought to have seen the girl I met at Lake George," said one. "Her dress fitted like the paper on the wall. No lady there could compare with her in style."

I think as a rule, however, that it does not require extravagant expenditure to produce pleasing effects for the opposite sex. Men like a well-fitted garment, in the prevailing fashion, and in becoming colors. Only the dudes and salesmen are experts in judging of expensive materials and elaborate finish.

I heard a gentleman rave over a lady's costume one day, and pronounce it one of the most effective and elegant he had ever seen. It was a simple serge, but exquisitely fitted and draped, and the color was exactly suited to the wearer.

His wife, who frowned at his rhapsodies, asked him to wonder at his taste, was attired in an expensive silk, overtrimmed and clumsily made, and of a hideously unbecoming shade.

I know two girls: one is a daughter of wealth, who wastes a fortune on dress every year. I say wastes, because she throws her money away recklessly, ruins a garment quickly, and is seldom neatly dressed. The other girl wears inexpensive materials, is scrupulously neat and careful, and on one twentieth of the money expended by the heiress she is better apparelled and more pleasing to the eye.

American women dress in far better and more distinctive taste than they did a decade of years ago. Individuality in dress is becoming more potent than fashion.

Even of us realize to whom thanks is due for this welcome innovation.

We made sport of Oscar Wilde, yet we owe him almost as great a debt of gratitude as we owe to the centennial celebration of 1876. He told the American woman to study her personnel, and to adapt her garments to her "own particular style."

He told her to dare to be artistic, and the teacher of words increased with each passing year.

No woman ever ought to make a purchase of even a print or cambric morning dress without pausing to think whether it suits her style. If she is tall and all, she does not need to increase her height and her sallowness by a pale blue stripe. Leave that for the short blonde, and purchase a crimson check, or a plain dark blue.

It was the Creator's original intention that all women should be fair to look upon. Ugliness and deformity are the results of wrong methods of living and thinking, and it is in our power to greatly augment or modify these misfortunes by our methods of dress. It is a noble art, and should be studied like any other of the arts.

It is useless to deny the fact, and we may as well be frank about it, our garments for the street are uncomfortable and inconvenient. But what are we going to do about it? Only the fortunate possessor of perfect forms and faces can look well in unfashionable attire. Perfect features are few, and even they prefer to increase their charms by attractive costume.

Men are quick to note with appreciative glances, or ready words of admiration, a fresh and stylish toilet. They are quick to deride and ridicule a woman who dares to be independent of fashion.

So long as mankind finds fashionable garments the attractive ones, so long woman-kind will strive to keep close to Dame Fashion, no matter how she pinches and pricks us, drags us down and overloads us.

I believe the corset is ruinous to the real beauty of the female figure, and to the health of women. All the long defenses of it ever written, all the dissertations on the "support" it gives the wearer, all the certificates of "perfectly healthy and long-lived" women who have been brought from their cradles in stays, will never convince any sensible human being. Anything which compresses the waist in the least degree, anything which prevents deep respiration, anything which does not permit us to leap, run, fence, swim, or practice gymnastics, without extra fatigue, must be injurious.

A slight woman may do all this in lacing strings, but without them the effort would be undeniably easier.

In one of the up-town hotel parlors I heard two mothers chatting about their young daughters last month. "I am really worried about Nellie," said one. "She is so full of life, and so fond of out-door sports. She is wild over tennis and rowing, but she is so anxious to look trim that she takes all her exercise in her corset. I

cannot persuade her to leave it off. She comes in so tired, and she is thin as a shadow, despite our long summer in the country, where I took her to rest and recruit."

Was a young lady pause at the foot of the New York and New England Railroad station the other day, and look up the long flight of stairs with a sigh.

"Oh, if I were only dressed like a man," she cried, "how I would skip up those stairs! but my shoes are tight, my elastic ties are tight, my waist is tight, and my gloves and collar are tight, so I can only crawl up!"

She was no exception to the rule, either—only in being frank about it. But that very day I heard a gentleman comment pleasantly on the trim, neat figure of this young lady, and her modest, yet stylish mode of dress.

To be absolutely comfortably attired for walking, climbing stairs, and riding, the waist ought not to have even the restriction of a whalebone, there ought to be no awkward torture to lean back against, and the skirts should reach only to the tops of the boots. Yet we would sooner venture alone into the jungles of Africa than to walk down Broadway attired in this manner.

It is easier to suffer the martyrdom of fashion.

We all desire to be pleasing in the eyes of the world, and we are all wounded if we receive neglect or ridicule from them, and we have all noticed that whatever our fathers, husbands, lovers or brothers may say theoretically on the subject, that they invariably show their admiration for a handsomely-dressed woman, who combines good taste with fashion.

It is a painful truth that the woman who ignores fashion for comfort impairs her usefulness, and brings upon herself annoyance.

If she travels she meets with rudeness and ridicule.

If she goes shopping she meets with instant unkindness and discourtesy.

If she goes on an errand of charity she is looked upon as a crank or an impostor.

A fashionable woman, on the other hand, is an open letter of credit.

The conductor looks after you, the "saleslady" is attentive, the banker obliging, and the usher of the church flirts the best pew for you. It is pitiful, but it is true.

And so we prefer to bear physical suffering to mental and spiritual disturbance.

A great deal has been said of late concerning the décolleté dress for ladies. Being myself a worshipper at the shrine of beautiful woman, and an admirer of the nude in art, I am perhaps unqualified to discuss this subject impartially.

I have seen immodest dressing which shocked and disgusted me, but it seems to me the rule that American women know and observe is the line.

I could never understand why the uncovering of pretty arms and shoulders was any more immodest than the uncovering of a pretty face. In Asia custom considers the latter improper.

Men exhibit sad unreasonableness in this matter also. A pretty young wife broke into tears one evening and complained of her husband for wearing a coarse, high-necked dress. "John," she said, "but the beauty and elegance of Mrs. S—." He thinks her a model of good taste in dress. She was attired in a low-necked sleeveless gown. Yet would not let me wear my V-necked dress, which she lauded.

If John held his wife's neck too sacred to be gazed upon by other eyes (as his defenders would argue), it was at least very bad taste for him to expatiate on the charms of another woman's shoulders. Had he been a man of tact he would have assured his wife that she was a thousand times more attractive in her costume one day, and pronounce it one of the most effective and elegant he had ever seen. It was a simple serge, but exquisitely fitted and draped, and the color was exactly suited to the wearer.

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